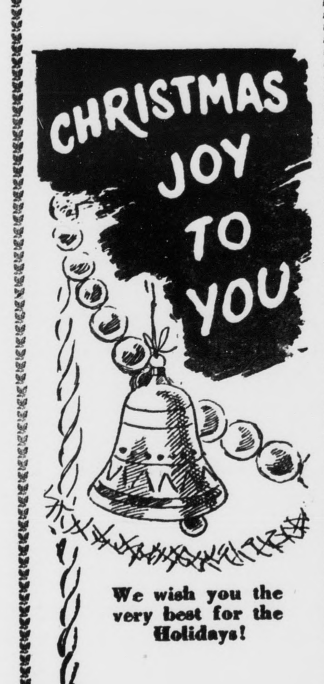
A cloth moistened with vinegar will whiten piano keys.

Play safe—drive carefully.



We wish you the very best for the Holidays!

Lee Barber Shop

Appomattox, Virginia

Frank Chandler, Prop.

CHRISTMAS LIGHTING CAN MAKE A SMALL HOUSE LOOK LARGER

Smaller houses really come into their own at Christmas. If you have ever wished that you could make your house look a little larger, then do it with Christmas lights this season.

Naturally there is some expert reasoning behind such thinking but even a quick glance at what can be done is interesting.

The secret, according to General Electric's George Howard, holiday lighting specialist, is to use the tiny C-7½ bulbs in outdoor strings. These tiny jewel-like bulbs which are in perfect scale with small architectural features may be placed about four inches apart for a jewel-studded effect. Actually, close placement creates the illusion of a continuous solid line of light, which makes the house seem larger. Easy way to do this is with pin-type sockets which can be placed wherever wanted on the wire.

Indoor Christmas tree lights can be scattered against a flameproof midnight blue crepe paper sky. And lighted twin choir singers, 18 inches high and made of red and white plastic, "sing" from a Noel hymn book. Stars which are small alumnnum frozen pie tins pinched into five points and inserted over bulb sockets, are held in place with fine wire.

A large red and white translucent rope-twist candle adds a welcome at the doorway. Blue and white lighted bells are hung from the center lock on the inside of a front window.

REPORTS ON QUAIL POPULATION IN VA.

Reports coming into the offices of the Commission of Game and Inland Fisheries in Richmond indicate that the quail population is very spotty over the state. Many reports are to the effect that are as many coveys as last year, but they are not as large. Others claim a scarcity of coveys. There are still others which report coveys not as numerous as normal, but much larger than usual.

Three successive years of drouth have evidently brought about this situation of sptoty quail population according to C. F. Phelps, chief of the Game Division of the Commission.

Lower Hypertension Rates Due to Diet

The lower incidence of high blood pressure in certain native tribes is not necessarily due to the primitive life being simpler than ours.

It might partly be bacause the habit of automatically sprinkling of salt on food before tasting it is common only in Western societies two Brookhaven National Laboratory physicians said recently. However they noted that high salt intake is not sufficient to cause hypertension unless certain other factors also are present.

Drs. L. K. Dahl and R. A. Love Upton, N. Y., reported they studied 1,444 persons of whom 163 never salted food at the table, 645 salted food only if it tasted unsalty, and 635 salted everything without tasting it first.

Only one in the first group was found to be hypertensive, while 47 of the average group and 64 of the high-salt-intake group had high blood pressure.

They said the intake of the low-salt group was almost as low as that of the Greenland Eskimos, Australian aboriginals, mountainous Chinese tribes and the Cuna Indians of Panama. These peoples have been found to be virtually without any cases of hypertension. This sometimes has been attributed to their "simple" lives, but some authorities doubt that primitive life is much simpler than ours and Drs. Love and Dahl suggested that low salt intake may have more to do with their lack of hypertension.

They said their study was prompted by the discovery that among 28 consecutive hypertensive patients only one denied ever adding salt to food. With the aid of the Atomic Energy Commission, they studied every member of the laboratory staff who reported for a physical examination.

They pointed out that the study does not establish a definite cause-and-effect relationship but suggests that salt is one of several factors "necessary in appropriate combination" for the development of hypertension. They said more persons among the high-intake group were overweight than among the low or average salt-eaters. This could be because overweight persons may inherit both the tendency to heaviness and greater susceptibility to the effects of salt, or that in eating more, they simply use more salt.

Virginia Offers Many Christmas Attractions

Richmond, Va.- The Old Dominion will offer a wide variety of activity for Christmas vacationers, according to the Virginia State Chamber of Commerce.

A survey of a number of tourist attractions showed the holiday season will be marked by special programs at a number of places. The programs, coupled with the usual beauty of the Christmas season in Virginia, should provide a pleasant environment for any winter vacationeer in the Old Dominion, the Chamber reported.

While Virginia is relatively free of snow, the Commonwealth is proud of its Christmas season landscape, marked generously with green pine and sprinkled with the brilliant red berries of the holly trees.

Visitors to Williamsburg will find the restored Colonial Capital with a full Christmas season schedule of events. Activities include Tavern singing in the restored Chowning's Tavern, candlelight concerts, caroling in the streets, dancing and a number of Christmas parties for the guests.

One of the most spectacular Williamsburg events will be the white lighting, when the 18th Century atmosphere is brought to life vividly by placing white candles in all the windows of the restored area.

Guests alo are permitted to take part in decorating the Christmas trees in the lobbies of the Williamsburg Inn and the Williamsburg Lodge. The Williamsburg Christmas season gets underway in mid-December and continues through New Year's Day.

As usual, Luray Caverns and Natural Bridge will be open through the holiday season. At Natural Bridge, one of the seven natural wonders of the world, the attraction is open from 7 A. M. to dark.

An illumination of the bridge and a pageant, depicting the "Story of Creation," are held nightly at 7, 8 and 9 o'clock. At Luray, the conducted tours will take the visitors through the most popular underground caverns in the state. Both at Luray and at Natural Bridge visitors will find excellent hotel and eating accomodations.

Mount Vernon, near Washington will be open during the season and undoubtedly will feature material which is not generally shown during the height of the tourist season in the summer. Mount Vernon officials usually arrange special exhibitions during the winter, composed of documents, prints or other Washington or Mount Vernon me[mora]lia.

In almost any Virginia co[mmuni]ty, visitors will find interesti[ng pro]grams, decorative lighting [and ac]tivities designed to bring [the] Christmas spirit and to help [every]one have a Merry Christmas.

FROM

JENKINS

Appomattox, Virginia

[Hig]hway Safety Precautions [Urg]ed For Holiday Travelers

[...]d, Va.- "Don't give your [...] Christmas," warned Colonel [W]oodson, Jr., Superintendent [...] Police and Executive [...] of the Governor's High[way Safe]ty Committee, as Decem[ber] deaths continued at their [...] rate. Col. Woodson then [...]nd don't take that of any-[one who has] been drinking, as far as death or personal injury are concerned."

[...]er, usually the month in [whic]h traffic deaths occur, saw [...]ear with 11 occurring on [Christma]s Eve and 12 on Christmas [...] during December 20 through [...] 25 inclusive, there was a [total of] 47. No other month of [...] within 10 of December's [...].

[...]anks of drinking drivers in[creases sh]arply during the holiday [season, h]e said, "and while safety [...]arn against it again and [...] would like to point out [...] it can be just as danger[ous to r]ide with someone who has been drinking.

Col. Woodson warned futrher that daylight hours are fewer now than at any other time of the year, with by far the greater number of December fatalities occurring during hours of darkness or dusk; that both drivers and pedestrians are preoccupied and hurrying, and that traffic is abnormally heavy.

In summing up, he asked for strict observance of the Golden Rule and he listed the following precautions which should be observed by everyone when exposed to traffic:

1. Don't drive while drinking and don't ride with a driver who is.
2. Don't drive after dark any more than is absolutely necessary and then reduce your speed and double your caution.
3. Watch your walking. Drivers are numerous and inattentive.
4. Plan out-of-town trips to allow plenty of driving time both ways.
5. Don't drive wheen sleepy or tired. This action is a very high contributor to December deaths.
6. Don't let the seasonal feeling of goodwill and happiness lull you into a false sense of security.

[The] *Spirit of Christmas* [Can] *Be Reflected* [In D]*ecorations*

[...] prefer to accent the true [spirit] of Christmas in your holi[day dec]orations, there are many at[tractive] new lighted decorations this [year for] both indoors and outside [...].

[...]featuring a traditional love[ly scene] in a large picture window. [...]r indoor as well as outdoor [...]se angels, resplendent fig[ures in] white and gold robees, add [an inspi]ring note to your holiday [...].

[If you']re looking for a faithful [reprodu]ction of the Christmas mang[er scene], try one of the beautifully [ligh]ted ones available this year. [If] space is limited, a small manger scene can still be [an imp]ortant part of your holiday [...]. Stand or hang it in a candle [...] with your Bible turned to [the Chr]istmas story.

U. S. GOVERNMENT HAS BIG PAYROLL ABROAD

The Federal Government now has a big payroll as the result of the expanded role the United States has been playing in world affairs in recent years.

Figures compiled by the Joint Congressional Committee on Reduction of Nonessential Federal Expenditures show that nearly 200,000 of the 2.3 million civilians employed by the Federal Government at the end of September were stationed outside of the continental United States. More than two-thirds of these were on the Department of Defense payroll.

In addition, close to 400,000 foreign nationals, not included in the usual personnel report, are working for U. S. military agencies overseas.

TREE PLANTING A "MUST"

By R. F. Holmes
Forester

It has been very truthfully said that "Forests grow in spite of man." Evidence of the effectiveness of nature in this respect was found by our forefathers when they first set foot upon the American shores. Most of the land was covered with dense stands of pines and hardwoods, game abounded, and the clear streams were well stocked with fish.

We have but to drive about the countryside to see the evidence of man's heavy hand upon the land. Remember that America was built by men and women seeking independence, freedom, and security. Already we see great rural poverty in the form of abandoned homes, and farmlands. The forest was destructively cut, the soil allowed to wash away, and the streams muddied or dried up. Man in his pride and ignorance had sinned against God and the land which he had created for us to use.

Poor lands mean poor crops and low incomes. As incomes drop, the standard of living falls, taxes go unpaid, trade is reduced, school facilities decline, mailnutrition becomes common, and people migrate in search of their freedom and security which are their birthrights.

On open land no longer used for cultivated crops, or on areas where crops are not possible because of erosion, or in spots within the woods where nature has failed to provide sufficient young seedlings, are the areas to be considered as ideal for tree planting. Idle land means idle dollars. The time and funds spent wisely in planning and developing continuous woodland crops results in more dollars from your woodland.

Pine seedlings are now being sold and distributed by the Virginia Forest Service. For more information contact the District Forester, Box 386, Farmville, Virginia.

Good stock, high quality feed plenty of fresh drinking water, and dry litter and avoiding overcrowding are the most important factors in maintaining egg production during winter months.

DRESS POULTRY AT HOME; SELL RETAIL TO CONSUMER

Profits for the poultryman—now none too good—could be upped if he would dress some of the birds at home and sell direct to the consumer.

Marketing specialists at VPI point to current low poultry prices, and say many housewives will likely want to take advantage of the situation and fill their home freezers with top quality ready-to-cook birds.

One important step in marketing quality birds is proper dressing. Here are some tips:

Kill the birds so there will be a complete loss of blood without bruising or tearing the skin. Cut off the head, or cut the throat with a knife, and let the bird hang up by the legs, or hold it with the wings tight to the sides until it relaxes and stops bleeding. Don't let the bird flop around on the ground or against a post.

When removing the feathers, it is best to use a semi-/or slack scald, with the water temperature between 128 and 130 F. Dip the birds and move them around under the water with the hand or a stick for about 30 seconds. If the feathers are still tight, dip the bird for 5 seconds more.

After the feathers have been removed, rotate the bird quickly through an open flame once or twice to singe off any hairs. Next, slit and peel back the neck skin and cut the neck off close to the shoulders. Then remove the crop and the windpipe. Insert the finger between the wishbone and loosen the lungs and other organs from the ribs and walls of the chest so they can be removed easily through the opening in the abdomen. Remove the feet and legs at the hock joints. Cut an opening in the abdomen between the rear end of the keel bone and the vent, and remove the intestines and other organs from the cavity. In a very fat bird, it may be best to remove the abdominal fat before removing the intestines.

Cool the dressed birds as quickly as possible. Place them in ice water from 2 to 4 hours, or put them in a refrigerator at 32 degrees to 40 degrees and leave them overnight.

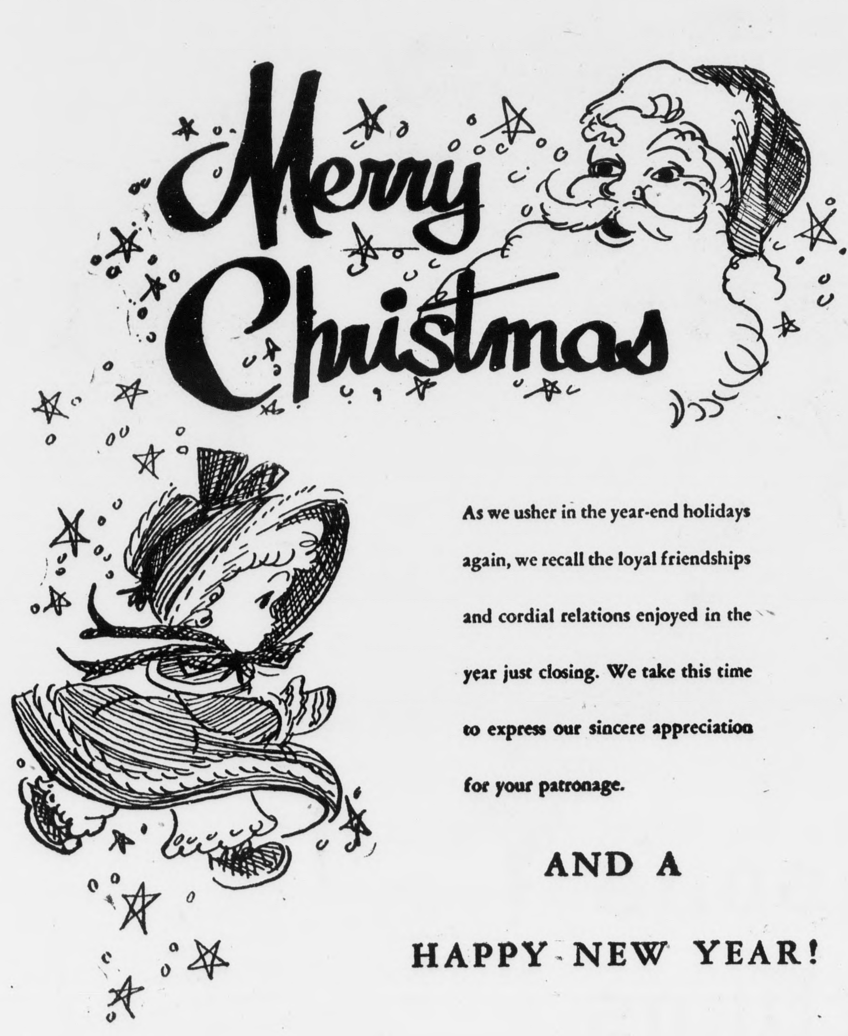
A Christmas Wish

May you be with those you love during this gala holiday season and receive the blessings of prosperity and happiness. May you be steadfast in your faith that there will be peace on earth and have good will toward all men!

Garst & Jamerson

Appomattox, Virginia

Try a Classified Ad for Quick Resulte!



As we usher in the year-end holidays again, we recall the loyal friendships and cordial relations enjoyed in the year just closing. We take this time to express our sincere appreciation for your patronage.

AND A

HAPPY NEW YEAR!

Spencer's Drug Store

Wishing you a holiday bright with candlelight, friendship, happiness, good cheer and pleasant memories to last you all through the year!

Moses Motor Company

Phone 3773 License No. 3

TO EACH ONE OF YOU

FROM EACH ONE OF US!

Sunny Harwood
Herbert Richardson
Tom Coleman
Thelma Caldwell
Jake Shuford

Joel Martin
Dick Bass
Henry Chernault
Ray Ferguson
Kermit Campbell

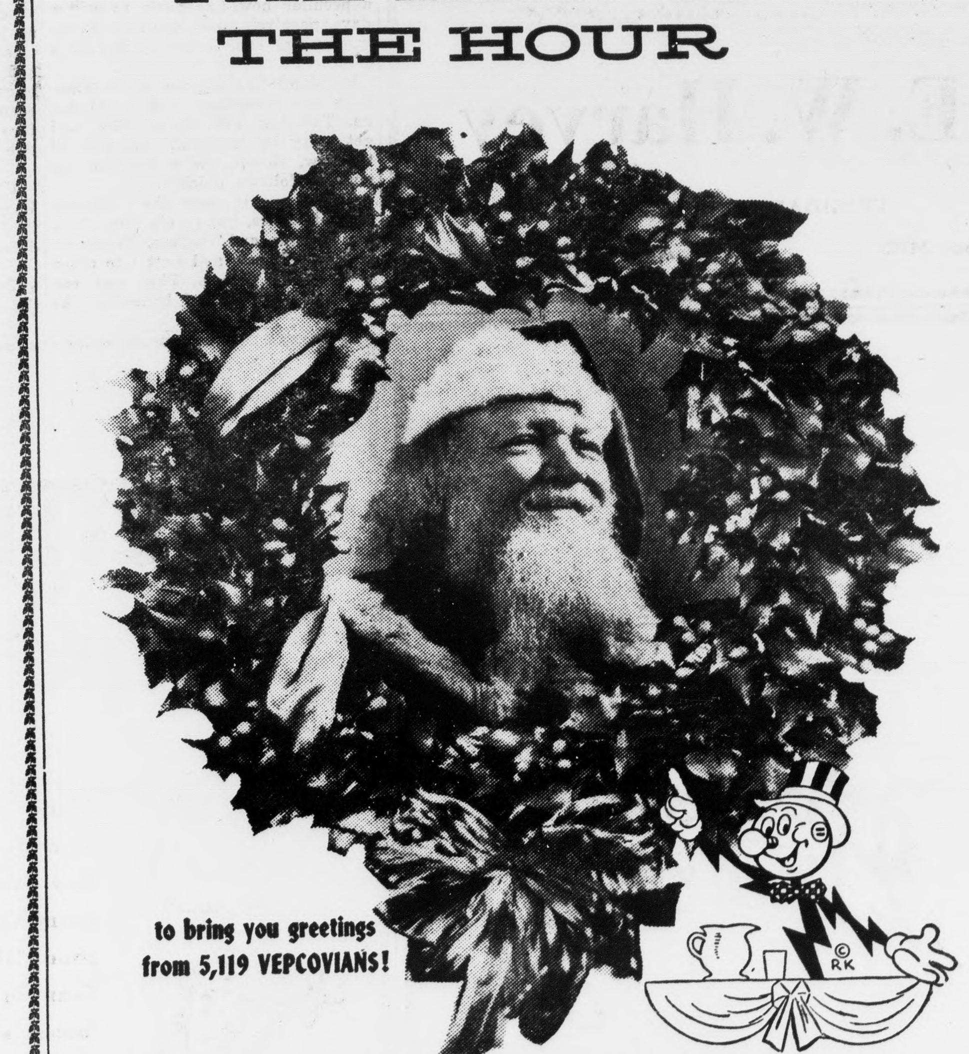
Robert Morris
Fleming Drinkard
Jack Marshall
Virgil Fleshman and Colonel Austin (Col.)

Appomattox Hardware Company, Inc.

DIAL 3131 APPOMATTOX, VA

Reddy Nominates

THE MAN OF THE HOUR



THE YEAR 'ROUND, like you, we're busy at our job . . . ours, that of turning out the hundreds of thousands of kilowatts used in your home, in industry, on the farms. And we keep reminding you to be *modern*—live electrically.

We've seen a *lot* of modern improvements in this changing world. But we haven't yet seen any way to improve on Christmas. Comes Christmas, VEPCO is just *people* . . . people who, like yourself, go to church, send cards, sing carols, eat too much mince pie, kiss or get kissed under the mistletoe . . . and love that man with the white beard and the red cherry nose!

So we've asked The Man of the Hour to put something in the toe of your Christmas stocking from us . . . a big, round, warm wish for a

Merry Christmas, Happy New Year

VIRGINIA ELECTRIC AND POWER COMPANY